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# How To Be a Man Magnet and Be Irresistible To Men

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Men are competitors by nature, while we love to be pursued. They love their ‘guy time’. They show us what they like right off the bat, and we analyze, obsess and talk our relationships to death.

So, if telling your guy how he ‘should’ act and behave isn’t working—that is, he’s not responding to you when you order him or nag him to do something— he’s telling you right in that moment what he wants.

It’s not complicated, and it’s not meant to be tricky. Take him for what he is and who he is, and you will begin to have a better, more satisfying relationship than ever before! Here are some tips to help you move in the right direction and release those expectations that are blocking you from a happier relationship:

- **Realize how much he loves you for you**

Do you want to prevent feelings of resentment in your relationship? This one mentality move will save you from hours of agony, and months of arguing—simply reciprocate how he treats you in the most loving and understanding way possible!

- Think about it like this—would you tolerate a guy who disrespected you or ignored your needs? Would you fall head over heels for a man who didn’t make you feel like a gorgeous woman? Would you be turned on to someone who didn’t add to your life in a positive way?

Begin thinking about men from his point of view and your entire love life will drastically change—without a doubt.

Do you appreciate your guy’s manly shoulders, his wacky sense of humor or his work ethic? And—do you tell him, or even better yet,

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show him how much you love every inch of his body, mind and soul? (He needs positive feedback as much as you do!)

I saw these very funny (but very honest and true) tweets from random guys answering the question: “Why are you single?”

### Here were some of their answers:

- “I’m single because I have a great jawline that no one notices”;
- “Dating scares me, and giving someone my heart terrifies me.”
- “Women totally terrify me; I don’t know how to get to know them on a friend level, let alone on a flirtation or boyfriend level. Every relationship I’ve had has ended because while she loved the way I made her feel, she didn’t love the person I really was. She wanted to change me.”

The funny, kind and thoughtful guy you’re with (or if you’re single, soon will be with) deserves respect, love and adoration. If you’ve found a great guy, he’s not asking for much. He’s simple.

He has basic needs with the biggest one being this: “Love me for me, and don’t try to change me.” When you keep this in mind, you’ve got relationship satisfaction and understanding men locked up!

- **Take him for face value.**

It’s easy to worry or obsess over what your guy could be thinking, is probably thinking or hopefully thinking about you, your body, or your future together. But here’s the thing—when you get intense and contemplative about your relationship, he can most likely feel it.

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While he's not a mind reader, he can feel the intensity, the pressure and the expectations you're putting on him. So, if he you ask him how his day was, and he tells you it "wasn't bad, not too stressful," leave it alone.

Take him and what he says for face value. Don't keep probing him for answers—because once he has some downtime to relax, and isn't interrogated or feel under the radar, he'll know that you're loving him for who he is.

And then presto! He'll feel comfortable and freakin' great with the company he surrounds himself with, which is YOU! By dinnertime, he'll have opened up and spilled more details about his day.

- **Stop looking for the 'hidden meaning' in everything he says.**

If you understand men, that means that you don't have an obsessive need to worry about what he's thinking but not saying to you.

It also means that you don't feel like you have to look, feel and act perfect all the time, because you're secure enough with yourself to show him who you really are—imperfections and all. So drop wondering what the hidden meaning really is in him—guys are simple. We're the one who complicate things!

- **Enjoy bonding through activity, not 'promises'.**

Whether you're single and out at your favorite hot spot hoping to meet an amazing, funny guy, or you're in a three year relationship, it's easy to steer away from the moment and head straight into a 'future' mentality.

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I know because I've been there, and so have a ton of other woman I know personally.

The thing is, if you're obsessing over when he's going to propose marriage, or when he's going to suggest that the two of you move in together (and as each day goes by that he doesn't, you're getting 'fed up' with this amazing guy), you're moving away from a deeper connection, and also into the dangerous 'lost zone'.

The 'lost zone' is when you're thinking so much about your future with this one, special, amazing guy that you stop asking the right questions to yourself.

In the 'lost zone', you stop asking yourself what you want, and if the guy you're with is the guy truly right for you.

So, if you're solely focused on the thought, "When is he going to put a ring on it? Why hasn't he asked me to marry him yet?" stop. Rewind, and recharge that self-empowerment battery that you need to ask yourself what you want.

What do you need? What makes you happiest? Then, start focusing on enjoying the moment—every moment that you, as a couple have, and enjoy the good stuff along the way.

Strengthen your bond through activity (and I'm not solely talking about sex here). What's really important aren't those 'promises' of proposal, or meeting his parents, or hitting relationship milestone after relationship milestone.

It's learning and growing together as a couple through events and activities—taking a class together, training for an upcoming marathon,

or taking a trip to a nearby city or town. None of these things cost much, and they can easily help you connect and enjoy the amazing guy you're with (which can easily be forgotten when you're obsessing over the future!

- **Enjoy doing those things you love independently, then come home missing him!**

This last tip is the most practical and when you actually follow it and commit to it in your relationship, it can offer the most rewards! Here's the thing—most guys have experienced a girlfriend or spouse (I'm not pointing fingers here) tell them what they can't do.

“You can't go play golf today, I need help with household stuff,” or “You can't go out with your buddies tonight, because I thought you would want to come home to me. I made special plans for dinner and rented that movie you love.”

The thing is, whether you are a little bit guilty of making him feel guilty when he wants some time away, or you've completely ditched out on your friends for the man in your life, it's not pretty.

And when you ignore your life that existed before he came along (and don't give him breathing room with his buddies from time to time) your entire relationship can cause the both of you to feel like you're suffocating.

Everyone needs alone time—and goes just like the saying: “Absence makes the heart grow fonder.” It's true, and when it comes to your relationship, nothing will make him want to come home than the feeling that he's free to go off, drink a beer or two with his buddies and

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have the trust from you that it's totally ok for him to do so—no guilt trip attached.

This is an excerpt from Marni Kinry's book: [That's Not How Men Work](#) and has been published with permission from the author.

### About Marni Kinrys

Marni Kinrys is a renowned dating and relationship coach who has helped thousands of men and women find the love of their lives. Her program "That's Not How Men Work" has helped women worldwide attract and keep the man of their dreams.

Educated at University of Western Ontario (Canada) with a BA in psychology, Marni has been prominently featured on CNN, Dr. Drew, Fox News, The Los Angeles Times, Askmen.com, The Soup, The Huffington Post, The Chicago Tribune, Marie Claire, Elle, Men's Health, Women's Health, Loveline, BlackBook, Penthouse, Asylum, Daily Beast, Opie and Anthony, AOL Personals and more.

To know more about Marni and watch her free video presentation, visit [www.thatsnohowmenwork.com](http://www.thatsnohowmenwork.com).